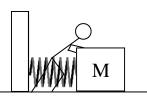


More explanation on back

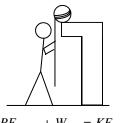
Sometimes students have trouble figuring out is when to include work. Just "energy is added" is not always enough.

Notice that BOTH Slim Jim and the spring are increasing the energy of the mass, so both are doing work. The spring does an amount of work equal to  $\frac{1}{2}kx^2$ . (See below for more info on the spring.) That's what potential energy is: stored work OR the amount of work that will be done on the object when it is released.



 $PEel_{spring} + W_{Jim} = KE_{mass}$ .

Here both gravity and Slim Jim will do work on the ball. Gravity will do an amount of work equal to mgh, where mg is the force and h is the distance. Because Slim Jim is also pulling on the object, the object will fall faster than  $-9.8 \text{ m/s}^2$ and gain more than mgh of KE.





So, if an object's energy is increased due to gravity or a spring, then work IS BEING DONE, but is already included in the potential energy of that object and does not have to be included as work, too.

Q1E:  $E_{total} = KE + PE$ . Q3C: PE = mgh = 2(10)(6)sin25° = 50.7 Joules Q3E: KE = 50.7 Joules, v = 7.1 m/s

How a spring's potential energy = work done by the spring.

Force is in N and the spring constant is in N/m. So, obviously,  $[N/m] \times [m] = [N]$ , so the force of a spring = kx. You may then think that  $W_{spring} = F_{spring}(d) = kx(x) = kx^2$ . But where does the ½ come from? When the spring is relaxed, its force = 0 N. When it is fully stretched to a distance of "x" its force is kx. The AVERAGE force is then ½kx and the work done by the spring =  $(\frac{1}{2}kx)(x) = \frac{1}{2}kx^2$ . OR the work done by the spring when released = the work done by the spring or  $W_{by spring} = PE_{elastic} = \frac{1}{2}kx^2$ .